



Intouch

# Are you aged over 65 and looking to stay active?

We're offering Optivo residents free three month Healthy Life Membership across 9 Serco leisure centres in Birmingham; including access to gym, swim and classes.

## Interested?

Email **Bliss Winspear-Barrett** at [InTouch@freshvisions.org.uk](mailto:InTouch@freshvisions.org.uk) or call **07801538989**  
Limited spaces available.



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Changing Lives  
Transforming Futures